

# How to Use Your Health Screening Benefit



*Trustmark*  
**Voluntary Benefit Solutions®**  
PERSONAL. FLEXIBLE. TRUSTED.

**100**  
Years  
of Trust

## Did You Know?

If you have the health screening benefit, it can help you stay well by paying for the cost of one screening test per calendar year, \$50 or \$100 maximum, depending on your specific benefit.

Plus, if you have family coverage, each family member is covered too! These are the covered screening tests:

- Low Dose Mammography
- Pap Smear for women over age 18
- Flexible Sigmoidoscopy
- Hemocult Stool Specimen
- Colonoscopy
- Prostate Specific Antigen (for prostate cancer)
- Stress test on a bicycle or treadmill
- Fasting blood glucose test
- Blood test for triglycerides
- Serum cholesterol test to determine levels of HDL and LDL
- Bone marrow testing
- Breast ultrasound
- CA 15-3 (blood test for breast cancer)
- CA 125 (blood test for ovarian cancer)
- CEA (blood test for colon cancer)
- Chest X-ray
- Serum Protein
- Electrophoresis (blood test for myeloma)
- Thermography



## *How do I submit a claim for my health screening benefit?*

Simply provide Trustmark with a copy of the bill, which contains your name, the name and address of the facility where the test was performed, the specific test and the date of the test.

You can fax your screening evidence to **508.853.2867** or mail it to:

Trustmark Insurance Company  
100 North Parkway  
Suite 200  
Worcester, MA 01605

During enrollment, a benefit counselor will be available to answer any additional questions you may have. If you have questions after you receive your policy, call us at **800.918.8877**.

Health Screening Rider HS-12000/R is a part of Critical Illness Insurance Plan Form CACI-82001 and Accident Insurance Plan Form A-607, underwritten by Trustmark Insurance Company, Lake Forest, Illinois. Please see your Rider and Rider Schedule for your state for exact terms, provisions, exclusions and limitations that apply.

***Trustmark***  
**Voluntary Benefit Solutions**<sup>®</sup>

PERSONAL. FLEXIBLE. TRUSTED.

Underwritten by Trustmark Insurance Company

Rated A- (EXCELLENT) A.M. Best<sup>1</sup>

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<sup>1</sup>An A.M. Best rating is an independent opinion of an insurer's financial strength and ability to meet its ongoing insurance policy and contract obligations. Trustmark is rated A- (4th out of 16 possible ratings ranging from A++ to Suspended).